

Lakesider

COMMUNITY EDUCATION PROGRAMS

Heritage Society Lecture

1:30 p.m., Sunday: The Marblehead Quarry: Then & Now with Ted Dress (Chautauqua Hall)

Men have been quarrying limestone from Marblehead Peninsula's eastern area along Lake Erie since the 1850s. In the early years, the quarries employed thousands of men for this physically demanding and dangerous work. In more recent years, advancements in large and specialized equipment for mining limestone have revolutionized work processes at the Marblehead Quarry.

Ted Dress, a third-generation employee who recently marked his 40th anniversary at the Marblehead Quarry, is the Production Maintenance Foreman. Dress, who has been listening to the sounds of drilling, blasting and stone crushing machinery for more than 60 years, will use photographs to take attendees on a journey through time as he explains the operations of the quarry and uses of the crushed limestone that is produced directly across the road from Lakeside.

Guided Tree Walk

10:30 a.m., Monday: Guided Tree Walk (Meet at the Pavilion)

Lakeside Chautauqua has been designated as a Tree City USA community for the sixth year. This award is for communities with a variety of trees who are working to maintain and improve their forest. Lakeside has more than 100 varieties of trees, and on this walk, participants will learn about 25 of them. The walks are coordinated by the Lakeside Environmental Stewardship Society and led by volunteers Bill Dudrow, Bill Smith, Mary Bishop and Frank O'Dell.

Religious Life Workshops

1:30 p.m., Monday & Tuesday: Finding Healing & Wholeness in the Psalms with the Rev. Bob Machovec (Fountain Inn Aigler Room)

The Book of Psalms has been described as one of the most beautiful collections of poetry ever written. Through the years, many have found them to be some of the most comforting and challenging writings in all of scripture. Many originate from the songs sung in the worship of ancient Hebrews. Drawing from the writings of C.S. Lewis, Thomas Merton and Walter Brueggemann will be explored, as well as the richness and splendor of the Psalms for our faith.

The Rev. Bob Machovec retired in 2016 after 35 years as an East Ohio Conference United Methodist pastor. He currently works as a chaplain for Caring Hospice Services in Independence.

The Rev. Machovec is a former executive director of Loudon Volunteer Caregivers in Leesburg, Va. He is a member of the American Association of Professional Chaplains and the American Association of Christian Counselors. He earned his bachelor's in religion and philosophy from the University of Mount Union and his Master of Divinity in pastoral care from Vanderbilt Divinity School. The Rev. Machovec has been visiting Lakeside for more than 40 years and is assisting with Dockside Worship on Sunday mornings this season.

2 p.m., Monday, Tuesday & Wednesday: Civil Discourse in an Uncivil World with Dr. Greg Linville (Train Station)

Have you ever been perplexed by a difficult ethical dilemma? Are you concerned about issues such as justice and morality or how to live out your beliefs/faith in an increasingly secular world? If so, come and join Dr. Greg Linville in a discussion about current ethical topics. These topics will be chosen daily by participants and moderated by Dr. Linville who has convened such conversations in college, church and corporate settings. Participants will be encouraged to search for truth and determine a solid ethical foundation for their lives, but perhaps the most significant result will be learning how to have civil dialogues with those who have dramatically different views.

Dr. Linville earned his bachelor's degree in Christian ministry from Malone College, his Master of Divinity Equivalent and Doctor of Ministry from Ashland Seminary. His more than four-decade career has focused on sports ministry as a coach, faculty member, chaplain and consultant. He currently serves as the Executive Director of the Association of Church Sports & Recreation Ministers, an organization that exists to "equip local churches to change lives through sports outreach." He is a summer resident of Lakeside and currently serves as a member of Lakeside's Religious Life Advisory Team.

Lakeside Women's Club Program

1:30 p.m., Tuesday: City Girl to Country Girl: Adventures in Retirement, Including Snakes with Nan Leeseberg (Lakeside Women's Club Green Gables)

Nan Leeseberg, Lakeside Women's Club member, will share stories about retirement life with a focus on humor and learning. Her retirement activities include being trained in Child Recovery Care and serving victims of Hurricane Andrew. She also became skilled in puppetry to assist children recovering from disasters. Leeseberg, herself, has also been a victim of natural disasters in retirement, losing one mobile home to a tornado and another to a flood. She volunteers at Give Kids the World and as a reader for two elementary schools. Her interests include music, storytelling, watercolor, poetry, writing and ventriloquism. She has been coming to Lakeside for more than 75 years and now spends summers in Lakeside as a campground resident with her husband, Ron.

Guided Bird Walk

8 a.m., Wednesday: Guided Bird Walk with Judy Sudomir, Joe Sudomir & Carol Bradsher (Meet at Meadow Brook Marsh)

The Marblehead Peninsula is home to many species of birds and is on a migratory path, making it an ideal spot for bird watching. Bring binoculars, sitting scopes and manuals to Meadow Brook Marsh, 8577 E. Bayshore Rd. All ages welcome. Walks are coordinated by the Lakeside Environmental Stewardship Society. For more information, contact (330) 224-5019.



Herb Study

8:30 a.m., Wednesday: What's New in the Herb Garden with Jan Hilty (Pavilion East Deck)

Find out what happened in the Lakeside Herb Garden over the winter. This program will showcase new herbs in the garden, how to use them and what care they need for proper growth, as well as a time for questions and answers. Participants will have the first chance to sign up for the field trip to Mulberry Creek Herb Farm (July 26) and volunteer to help maintain the Herb Garden, which is an excellent way to learn how to grow and harvest beautiful herbs.

Lakeside volunteer, Jan Hilty, is the creator and organizer of the Lakeside Herb Study. Hilty has had a long-time love affair with herbs and is an accomplished grower of culinary and everlasting herbs. She has lectured, taught classes and written many articles about the uses of herbs. In 2007, Hilty completed the Master Gardener program at The Ohio State University Extension, Delaware County. She is a member of Herb Society of America and currently affiliated with the Delaware (Ohio) Unit. Three years ago, she received her Rosemary pin, honoring her for 25 years of service to this organization.

Special Workshop

10:30 a.m., Friday: Brain Wellness with Jane Ehrman; *pre-registration & \$5 fee required* (Chautauqua Hall)

Did you know high stress and inactivity have a significant negative impact on brain health? This workshop will provide evidence-based information and cutting-edge tools to help you to keep your brain healthy. Research indicates we can continue to regenerate brains cells, even as we age. Learn about lifestyle changes you can make to improve brain cell regeneration, memory, mental processing, and even rewire your brain to be more stress resilient. Participants will have the opportunity to create their own action plan to improve their brain health. This workshop also includes a short, guided relaxation session. Participants will also receive a workbook with resources and exercises to promote brain wellness.



Jane Ehrman, Certified Health Education Specialist, is the owner of Images of Wellness, LLC where she uses tools such as Interactive Guided Imagery™ to assist individuals in transforming stressful situations into opportunities for growth. She speaks nationally on numerous health and medical topics. She previously worked as a Mind/Body Coach with the Cleveland Clinic, at the Tanya I. Edwards, MD Center for Integrative Medicine. Ehrman holds a Master of Education with an emphasis on mind/body medicine from Pennsylvania State University and a bachelor's degree in health education from Youngstown State University.

To register and pay for this workshop, visit www.lakesideohio.com/education/special-workshops and click on the registration link. The same online system used to register for Rhein Center classes is being used for workshop registration, so the same account can be used for both. Interested participants without a Rhein Center account can easily create one by visiting the website above and clicking on the "Create an Account" link under registration directions. To register in person, visit the Rhein Center at the corner of Sixth Street and Walnut Avenue.

Registration will close when the maximum capacity for the workshop is reached or at 5 p.m. the day before the class, whichever comes first. Contact the Education Department at (419) 798-4461, ext. 239 with questions.

Historic Walking Tour of Central Lakeside

10:30 a.m., Wednesday: Historic Walking Tour of Central Lakeside (Meet at Heritage Hall Museum)

This tour, led by Lakeside Heritage Society volunteers, highlights cottages and buildings in the area from Sycamore to Central Avenues and the lakefront to Fifth Street.

Historic Chautauqua Movement Seminar

3:30 p.m., Wednesday: Historic Chautauqua Movement Seminar with Gretchen Curtis (Fountain Inn Aigler Room)

This seminar describes the development of the Chautauqua Movement in Western New York in the 1870s, reviews how Lakeside became a Chautauqua community and highlights remaining active Chautauqua programs in North America.

Gretchen Curtis, a Lakeside summer resident since 2005, recently retired after several years as Director of Operations for the Lakeside Heritage Society. She has visited five other independent Chautauquas in recent years.

Get Growing! Gardening Program

8:30 a.m., Thursday: Drying & Preserving Flowers Demonstration with Lou McPeck (Pavilion East Deck)

Learn different methods of drying and preserving flowers and which methods are better than others depending on the project. Techniques to prolong the life of garden flowers used as cut flowers will also be shown.

Lou McPeck, a graduate of the Hixon School of Floral Design, is a third generation member of the Corso family and has been working at Corso's Flower & Garden Center for more than 25 years. Over the years, she has served as a bridal consultant, helped families making decisions concerning funeral flowers and purchased products for holiday and every day giftware. She has also recently started her own business, The Seasoned Door, LLC, focused on providing professionally designed door pieces for homeowners.

Special Historic Walking Tour

10:30 a.m., Friday: Hoover & South Auditoriums with Gretchen Curtis; *Pre-registration required at Heritage Hall Museum by 4 p.m. Thursday; cost is \$5/person; limited to 15 participants* (Meet at Hoover Auditorium Porch)

The speaker's stand and bench seats at the first Lakeside camp meeting in 1873 were located in the same block where Hoover Auditorium now stands. The first auditorium, built in 1878, was modified several times over 50 years until it was demolished in September 1928 to make way for a new Central Auditorium. In June 1929, the structure known as Hoover Auditorium opened with its massive arches and 3,000 seats. During this walk, participants will travel through time from 1878-2017, discussing modifications to the grand auditorium and examining what "backstage" looks like. If time permits, participants will tour the more modest South (German) Auditorium built in 1883. This program is coordinated by the Lakeside Heritage Society.

Lakeside Environmental Stewardship Society Seminar

1:30 p.m., Friday: Electric & Hybrid Cars with Joe Mehling, Gene Berrodin, John Higgins, David White & Frank O'Dell (Fountain Inn Aigler Room)

This seminar will feature a panel of individuals discussing their experiences in driving these types of cars and a review of the MIT study on their environmental impact. Frank O'Dell will moderate the discussion. LESS seminars are open to both members and non-members.

Foreign Affairs Forum

3 p.m., Friday: Foreign Affairs Forum moderated by Jeff Dieterich (Chautauqua Hall)

This forum is designed to facilitate a free exchange of information and opinions on international events and their impact on the U.S., as well as the effect of domestic events on the rest of the world. Participants also have the opportunity to discuss future options for the U.S. foreign policy. As moderator, Jeff Dieterich brings his knowledge of foreign affairs to the forum based on his 35-year career with the U.S. government.

Additional Learning Opportunities

8:30 a.m., Monday: 'Breakfast Bunch' Book Discussion: The Underground Railroad by Colson Whitehead with Peggy Malone; *prior reading of book required; RSVP to Carolyn Swanger (419) 967-0024 (343 Cherry Ave.)*

1:30 p.m., Friday: Lakeside Women's Club Book Review: Hillbilly Elegy: A Memoir of a Family & Culture in Crisis by J.D. Vance with Jan Hamilton (Lakeside Women's Club Green Gables)