

LakeSide Raccoon Run 2011

Sunday July 24, 2011

ENTRY & RELEASE FORM

Only one person per form please!!
Pre Registration Deadline: July 18th

office use only

check _____

cash _____

shirt: yes / no

event: fun run / 5K

5K number & letter

Please Check One: ___ Fun Run (1 Mile) ___ Raccoon Run (5K)

Please indicate race category with a check:

MALE

- ___ 10 & Under
- ___ 11 - 14
- ___ 15 - 19
- ___ 20 - 29
- ___ 30 - 39
- ___ 40 - 49
- ___ 50 - 59
- ___ 60 & Over

FEMALE

- ___ 10 & Under
- ___ 11 - 14
- ___ 15 - 19
- ___ 20 - 29
- ___ 30 - 39
- ___ 40 - 49
- ___ 50 - 59
- ___ 60 & Over



Shirt Size (Circle One): Youth M L Adult S M L X

Name _____ Age _____ Birthdate ____/____/____

Lakeside Address _____

Email _____ Cell Phone _____

Home Address (if different) _____

City/State/Zip _____

Emergency Contact Info:

Name _____ Relationship _____

Cell Phone _____

RELEASE FORM

I, for myself, my executors, administrators and assignees, do hereby release and discharge the Lakeside Association, its Board of Directors, managers, employees and/or Raccoon Run organizers from all claims of damages, demands, actions whatsoever in any manner arising or growing out of my participation in the said athletic event. I attest and verify that I have full knowledge of the risk involved in the event, and that I am physically fit and sufficiently trained to participate in the event.

Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

(Parent or Guardian must sign if participant is under the age of 18.)

Parent/Guardian Print Name _____