

## Definitions

**Ideal:** The primary source of motivation for your personality style. The “Filter” through which you evaluate and engage the world around you.

**Idealization:** The desired goal of your personality style.

**Avoidance:** The opposite of the ideal. In order to feel you are meeting your ideal, you necessarily sense the world around you as being in the state of “less than ideal.”

**Defense Mechanism:** How you prevent the “less than ideal” from corrupting your attempts to meet your ideal.

**Hot Buttons:** What cause you frustration or anxiety.

**What do I offer?** The unique gift that you, when in a healthy state, can offer the community.

**What might I cause?** The potential disruption that you, when in an unhealthy state, can cause in a community.

**Difficult Theological Concept:** The spiritual idea that is most difficult for you to understand, internalize, and embody.



To determine wings and arrows:

- 1) Locate your style on the enneagram
- 2) Wings: Look at the two adjacent styles along the circle. Your wing is the one of these two styles that more shapes and influences you.
- 3) Arrows: Look at the two styles that are connected by lines on other parts of the circle. Both of these styles influence you, particularly during times of stress and during attempts for relaxation.