

Lakesider

COMMUNITY EDUCATION PROGRAMS

Heritage Society Lecture

1:30 p.m., Sunday: Living a Modern Life in a Historic Home with Mark Carle (Chautauqua Hall)

The Lakeside community is known for the wide variety of unique architectural styles found on every street. A step inside any cottage proves that adapting a historic cottage to today's needs can be challenging and often takes ingenuity. In this program, chair of the Historic Preservation & Design Review Board, Mark Carle, will take a look at historic solutions and creative ideas from your Lakeside neighbors.

Mark Carle is a lifelong Lakesider and right in the middle of five generations of family who have visited Lakeside. He and his wife, Suzanne, have owned their Lynn Avenue cottage for 32 years.

Guided Tree Walk

10:30 a.m., Monday: Guided Tree Walk (Meet at the Pavilion)

Lakeside Chautauqua has been designated as a Tree City USA for the seventh year. This award is presented to communities with a wide variety of trees who are working to maintain and improve their forest. Lakeside has more than 100 varieties of trees and on this walk, participants will learn about 25 of them. The walks are coordinated by the Lakeside Environmental Stewardship Society (LESS) and led by LESS volunteers.

Tree Tram Tour

1:30 p.m., Monday: Tree Tram Tour with Bill Dudrow & Frank O'Dell (Meet in front of Hotel Lakeside) Pre-registration required at the Lakeside Chautauqua Administration Office

One of the assets that make Lakeside beautiful is its 100 different species of trees. Bill Dudrow and Frank O'Dell, of the Lakeside Environmental Stewardship Society, will lead this tram tour to view and study approximately 50 different trees. The tour is free of charge, but pre-registration is required, as seating is limited.

Wellness Seminar

Generous support for the Monday and Wednesday Wellness Seminars has been provided by Magruder Hospital.

3:30 p.m., Monday: Changing Recipes to Make Them Healthier with Shelley Hilman (Wellness Center)

It is easier than it seems to make favorite recipes healthier without losing their great taste. Highlights include looking at favorite food items, like burgers, snacks, and desserts and how, by changing one or two ingredients or how they are cooked, they can be converted to a healthier option.

Shelley Hilman has worked in the food service industry for more than 30 years. She received an associate's degree in nutrition care from Owens Community College. She has been Director of Food Services at Magruder Hospital for 22 years where she started her career as a Dietetic Technician.



Lakeside Women's Club

1:30 p.m., Tuesday: It's a MAD, MAD, MAD, MAD World: Parenting & Policing with Dave Purdy (Green Gables)

Dave Purdy has promoted Making A Difference (MAD) to students and adults throughout his career. His passion for MAD shines through as he shares stories and a video presentation during this program to inspire other to MAD.

Dave Purdy spent his career as an elementary guidance consultant with Berea City Schools. He has developed parenting seminars as well as a character education program. He has also published two parenting books, *Dads Are Special Too* and *Little People, Big Choices*. He recently began service as police chaplain for the Berea Police Department and in 2017 he received the Berea Grindstone Award for outstanding contributions.

Engaging in Education

3:30 p.m., Tuesday: Engaging in Education (Chautauqua Hall)

Join Director of Education Programming, Jeanne Mauriocourt, in a dialogue about education programming at Lakeside. This session is the first of several scheduled during the season. An overview of current education programs and the future direction of education programming will be discussed. Individuals will also have the opportunity to share ideas and suggestions for future adult and youth programs at Lakeside. Additional sessions will be held at 3:30 p.m. on Aug. 1 and Aug. 16 and at 10:30 a.m. Aug. 24. If unable to attend any of the sessions, ideas and suggestions can be sent to education@lakesideohio.com.

Lake Erie Science with Ohio Sea Grant/Stone Laboratory

1:30 p.m., Tuesday: Walleye, Perch & Bass, Oh My! with Tory Gabriel (Pavilion West Deck)

Take a moment to meet some of the state's unique fish that live beneath the surface of Lake Erie. Some live in abundance and are favorites among Ohio's sports enthusiasts, while others struggle to survive against their changing ecosystems.

This intergenerational program is led by Tory Gabriel, Extension Specialist and Program Manager for the Ohio Sea Grant College Program.

Historic Chautauqua Movement Seminar

3:30 p.m., Tuesday: The Historic Chautauqua Movement Seminar with Dakota Harkins (Fountain Inn Aigler Room)

This seminar discusses the emergence of the Chautauqua Movement, a 19th and 20th century cultural phenomenon that swept the nation. Originating in western New York in the 1870s, the Movement and its leaders, the Rev. J.H. Vincent and Lewis Miller, soon became household names. The seminar also reviews the important figures who helped Lakeside Chautauqua join the movement and provides information about the remaining organizations on the national Chautauqua Trail.

Stargazing

10-11 p.m., Tuesday: Stargazing with Leon Cross (Hotel Lakeside Lawn) (Weather Permitting)

Telescopes will be available for amateur astronomers of all ages to see the stars.

Guided Bird Walk

8 a.m., Wednesday: Guided Bird Walk (Meet at Meadow Brook Marsh)

Judy Sudomir and Joe Sudomir will lead a walk at Meadow Brook Marsh. Bring binoculars, sitting scopes, and manuals. Contact Judy Sudomir at (330) 244-5019 with questions. The bird walks are coordinated by the Lakeside Environmental Stewardship Society (LESS).

Herb Study

8:30 a.m., Wednesday: Tyler's Farm - Why We Choose Hydroponics with

Special Seminar

10:30 a.m., Friday: Introduction to Genealogy with Jennifer Fording (Chautauqua Hall)

This seminar is an introduction to print and online genealogy resources for the beginner and intermediate researcher. Highlights include demonstrations of online searches and search strategies.

Jennifer Fording has worked in genealogy and archives for more than 15 years and is the director and former local history librarian at the Harris-Elmore Public Library. She holds a master's degree in history from the University of Toledo and a Master of Library and Information Science from Wayne State University. She is the author of *Images in Time: Elmore and Genoa* and sits on the board for the Ottawa County Historical Society.

Tyler Goglek (Train Station)

Tyler's Farm, located in Oberlin, Ohio, provides a fresh sustainable product, using no GMO seeds. The benefits of growing hydroponics, which produce a harvested living product with roots intact, will be explained.

The grandson of a produce farmer, Tyler Goglek fell in love with agriculture at an early age. He has more than 20 years of experience and fulfilled his life-long dream of owning and operating his own greenhouse when he opened Tyler's Farm.

Historic Walking Tour of Central Lakeside

10:30 a.m., Wednesday: Historic Walking Tour of Central Lakeside (Meet at Heritage Hall Museum)

Join a 90-minute guided walking tour of Central Lakeside's historic area at 10:30 a.m. Wednesdays with Lakeside Heritage Society volunteers as leaders. Tours are free and depart from Heritage Hall Museum.

Wellness Seminar

Generous support for the Monday and Wednesday Wellness Seminars has been provided by Magruder Hospital.

3:30 p.m., Wednesday: Stress Management - The Good, The Bad, & How to Have Fun with Laura Miller (Wellness Center)

This seminar will address how stress can be beneficial, what is normal and when stress has crossed the line. Learn to identify warning signs of too much stress, tips on stress management and some hands-on practice.

Laura Miller is a licensed independent social worker with supervisory status. She has a Master of Science in social administration from Case Western Reserve University and more than 20 years of experience working with people with a variety of mental health issues. She currently is the Site Director of the Ottawa County offices of Firelands Counseling & Recovery Services, which provides both mental health and substance abuse treatment for youth through adults.

Symphony Pre-Concert Talk

7:15 p.m., Wednesday: Symphony Pre-Concert Talk with John Gordon Ross, Guest Conductor (Hoover Auditorium)

Guest conductors will be leading talks prior to select Lakeside Symphony Orchestra performances. These programs provide the audience an opportunity to learn more about the evening's concert music and composers. See page 13 for a description of the Symphony program and Ross's credentials.

Get Growing! Gardening Program

8:30 a.m., Thursday: Mulberry Creek Miniatures with Mark & Karen Langan (Train Station)

Miniature plants can act as the landscapes in your fairy gardens or be tucked into the nooks and crannies of garden beds. Discover these little gems and where to spotlight them in your garden. Most importantly, learn how to keep these miniatures growing, year after year, in the ground or in a container. A selection of plants will be available for sale.

Karen and Mark Langan started Mulberry Creek Herb Farm in 1995. This family business has grown to provide the largest selection of quality, certified, organic herbs, and miniature perennials in Northern Ohio.

Solar Astronomy

2-4 p.m., Thursday: Solar Astronomy with Ron Leeseberg (Hoover Auditorium Porch) (Weather Permitting)

Drop by to learn about the power of the sun, view the sun through a solar telescope and enjoy a solar s'more.

Special Historic Walking Tour

10:30 a.m., Friday: United Methodist Church Historic Sites with Dakota Harkins (Pre-registration required at Heritage Hall Museum by 4 p.m. Thursday, tour is limited to 15 people; \$5 fee per person) (Meet at Heritage Hall Museum)

This tour will highlight the seven structures listed as part of the official Lakeside Chautauqua Cluster, an United Methodist Church Historic Site. The cluster includes Heritage Hall, Hotel Lakeside, Hoover Auditorium, Wesley Lodge, WoHoMis Lodge, South Auditorium and Epworth Lodge. With approval this fall, the Lakeside Chautauqua Cluster will also be listed as a UMC Heritage Landmark, a national designation.

Lake Erie Water Quality Seminar

1:30 p.m., Friday: Learning from the Past: Improving and maintaining water quality in western Lake Erie requires science, policy and endurance with Timothy W. Davis, PhD (Orchestra Hall)

For many decades, Lake Erie has oscillated between being the poster child for poor water quality and a global example of a successful large lake restoration. Currently, Lake Erie is once again experiencing symptoms of nutrient pollution, harmful algal blooms and hypoxic zones, also known as low oxygen regions. In this lecture, the global trends in degrading water quality and the increasing prevalence of harmful algal blooms, lessons learned from the past, the current state of the science as well as what needs to continue in the future to reduce harmful algal blooms in western Lake Erie will be discussed.

For more information on this lecture and Timothy W. Davis, PhD, see page 2.

World Affairs Dialogue

3 p.m., Friday: World Affairs Dialogue (Chautauqua Hall)

This hour-long dialogue presents participants with an opportunity to discuss world issues. Moderator Victoria Ashley will present background on a topic for discussion and encourage conversation among participants. Please note this dialogue is held to promote further learning about world affairs but is not intended to be a political debate. Please see the calendar webpage the day before the dialogue at www.lakesideohio.com/calendar to learn the topic for discussion and suggested reading list.

If you would like to be on the email distribution list for the Dialogue or have any suggested topics for discussion, please contact the Education Department at education@lakesideohio.com or 419-798-4461, ext. 239.