

Lakesider

COMMUNITY EDUCATION PROGRAMS

Heritage Society Lecture

1:30 p.m., Sunday: Ninety Years of Hoover Highlights with Gretchen Curtis & Shirley Stary (Hoover Auditorium)

Join Gretchen Curtis (President of Lakeside Women's Club), Shirley Stary (VP of Arts Programming) and Dakota Harkins (Manager of Lakeside Heritage Society) for a unique look at the 90 years of Hoover Auditorium's history. The program will begin with a guided tour of the 90th Anniversary Exhibit in Hoover Lobby. Following the tour, Curtis and Stary will share a behind-the-scenes view of interesting stories related to Hoover Auditorium and those who have presented or performed there. A reception will immediately follow the program to celebrate Hoover Auditorium's 90th birthday.

Guided Tree Walk

10:30 a.m., Monday: Guided Tree Walk (Meet at the Pavilion)

Lakeside Chautauqua has been designated as a Tree City USA community for the seventh year. This award is presented to communities with a wide variety of trees who are working to maintain and improve their forest. Lakeside has more than 100 varieties of trees and on this walk, participants will learn about 25 of them. The walks are coordinated by the Lakeside Environmental Stewardship Society (LESS) and led by LESS volunteers Bill Dudrow, Bill Smith, Mary Bishop, and Frank O'Dell.

Gallery Talk

3:30 p.m., Monday: "Ohio: The Start of It All"

Gallery Talk with Dan Chudzinski (Hoover Auditorium Lobby)

Join Mazza Museum curator, Dan Chudzinski, as he leads participants on a tour of "Ohio: The Heart of It All," an exhibit on loan from the Mazza Museum. Please see page 14 for more information about the exhibit.

Dan Chudzinski is a highly talented sculptor and illustrator. He holds a Master of Fine Arts in three dimensional studies from Bowling Green State University and a Bachelor of Fine Arts from Miami University. Chudzinski joined the Mazza Museum staff in November 2015.



Wellness Seminar

Generous support for the Monday and Wednesday Wellness Seminars has been provided by Magruder Hospital.

3:30 p.m., Monday: A Book a Day Keeps the Doctor Away with Jennifer Buch (Wellness Center)

The act of reading helps children learn social awareness, self-awareness, self-management, relationship skills, and decision making. It can affect mental, physical, and intellectual health. Learn about the importance of reading from a young age, the ways reading can help children grow, and how a parent or grandparent can be an influence on a child's well-being. A list of children's book titles will be made available.

Jennifer Buch is the youth services manager at Ida Rupp Public Library. Every day, she has the pleasure of working with children and books and connecting the two as often as possible. After working as a middle school teacher for 12 years, Buch returned to college to earn a master's degree in librarianship. She reads as often as possible and always has a huge pile of 'to-be-read' books by her bed.



Lakeside Women's Club

1:30 p.m., Tuesday: Lakeside & the Power of Positive Thinking: The Life of Rev. Norman Vincent Peale with Dave Blank (Green Gables)

The Rev. Norman Vincent Peale, a dominant cultural force in 20th century America, popularized the concept and practice of positive thinking. Peale, a native of Ohio and the son of a Methodist pastor, attended Lakeside sessions during his formative years. This program merges the highlights of Peale's life and some of the connections he and his family had with Lakeside.

Dave Blank first came to Lakeside during the East Ohio Conferences in the 1950's, accompanying his pastor father, mother, and family. He and his wife, Bonnie, purchased a cottage in 1991 and for the past several years have enjoyed being at Lakeside for the summer season. He recently completed his six-year appointment on the Lakeside Board of Directors, serving in many capacities, including Treasurer of the Board. Dave earned his bachelor's degree at the University of Mount Union and his masters and law degrees at Cleveland State University. His 40-year career was spent with FirstEnergy and its affiliates, serving as Treasurer and Vice President of Regulatory Affairs.

Lake Erie Science with Ohio Sea Grant/Stone Laboratory

1:30 p.m., Tuesday: Snakes at the Lake with Susan Bixler (Pavilion West Deck)

It is likely that no animal on earth has suffered more from human misunderstanding and superstition than the snake. We invite you to come and learn about the snakes local to our Lake Erie ecosystem and get up close and personal with Stone Labs captive colony.

This intergenerational program is suitable for age 7 & older and is led by Susan Bixler, Education & Outreach Specialist at OSU Stone Laboratory/Ohio Sea Grant.

Historic Chautauqua Movement Seminar

3:30 p.m., Tuesday: The Historic Chautauqua Movement Seminar with Dakota Harkins (Fountain Inn Aigler Room)

This seminar discusses the emergence of the Chautauqua Movement, a 19th and 20th century cultural phenomenon that swept the nation. Originating in western New York in the 1870s, the Movement and its leaders, Rev. J.H. Vincent and Lewis Miller, soon became household names. The seminar also reviews the important figures who helped Lakeside Chautauqua join the movement and provides information about the remaining organizations on the national Chautauqua Trail.

Guided Bird Walk

8 a.m., Wednesday: Guided Bird Walk (Meet at Meadow Brook Marsh)

Judy Sudomir and Joe Sudomir will lead a walk at Meadow Brook Marsh. Bring binoculars, sitting scopes, and manuals. Contact Judy Sudomir at (330) 244-5019 with questions. The bird walks are coordinated by the Lakeside Environmental Stewardship Society (LESS).

Herb Study

8:30 a.m., Wednesday: What is a Prairie Garden? with Loretta Wilken (Train Station)

Learn about prairie gardens, including what they look like and what their purpose is. After the presentation, Jan Hilty, Herb Study Coordinator, will re-

Special Workshop

10:30 a.m., Friday: Listening & the Art of Paying Attention with Kathryn Kilpatrick (Chautauqua Hall)



The ability to pay attention is one of the most important steps on the journey to improved memory. The wonders of the 21st century have brought more pressure to multitask, as well as an information overload. It is essential to understand the patterns that interfere with focusing and devise appropriate strategies to improve not only recall ability, but also bring balance back to life.

Kathryn Kilpatrick is a speech-language pathologist, geriatric communication consultant, and memory fitness consultant. She holds a bachelor's and master's degree in communication disorders, both from the University of Massachusetts. She is the creator of 'Keep Your Brain Sharp' programs and offers Geriatric Life Enhancement Consultations.

view the Herb Study schedule for the season and what is new in the Lakeside Herb Garden.

Loretta Wilken is a gardener/groundskeeper at Lakeside. She completed the Master Gardener course through The Ohio State University and has earned more than 170 hours of continuing education and donated more than 285 volunteer hours through the program. She has been working in the Lakeside gardens since 2016 and loves every minute of planning, planting and tending the thousands of blooming beauties planted around the grounds.

Historic Walking Tour of Central Lakeside

10:30 a.m., Wednesday: Historic Walking Tour of Central Lakeside (Meet at Heritage Hall Museum)

Join a 90-minute guided walking tour of Central Lakeside's historic area at 10:30 a.m. Wednesdays with Lakeside Heritage Society volunteers as leaders. Tours are free and depart from Heritage Hall Museum.

Wellness Seminar

Generous support for the Monday and Wednesday Wellness Seminars has been provided by Magruder Hospital.

3:30 p.m., Wednesday: Belly Up! Happy Belly, Happy You! with Kimberly Leneghan, MS, RDN, LDN (Wellness Center)

Find out what the best foods are to make the belly happy and the culprits that lead to expanded waist lines.

Kimberly Leneghan obtained her clinical dietitian credentials after she earned her master's degree at Case Western Reserve University. Leneghan has worked as a dietician for 20 years and has experience as a consultant, research assistant, and a clinical dietitian at University Hospitals of Cleveland, and most recently at Magruder Hospital where she loves teaching the Cardiac Nutrition class. She recently launched Misfit Nutrition, LLC, a virtual consulting business geared towards helping others lose weight and tackle pre-diabetes and heart disease from the comforts of their own home.

Get Growing! Gardening Program

8:30 a.m., Thursday: Growing a Healthy Tree Population (Walk & Talk) with Domenic Liberatore & Martin Brosch (Meet at the Train Station)

Education is key to a robust tree population. Learn how important care, diversity, and sustainability are to a healthy tree population.

Domenic Liberatore is an ISA Certified Arborist and minority owner of Liberatore Landscape Construction in Shaker Heights. His firm specializes in the creation of rain gardens and other forms of green infrastructure. He is also Tree Risk Assessment Qualified (TRAQ).

Martin Brosch is an ISA Certified Arborist with an extensive background in tree care. His passion for trees and outdoor activities with his children led to the creation of his business, Family Tree, a consulting company involved in care advice, inspections, and inventories.

Solar Astronomy (Weather permitting)

2-4 p.m., Thursday: Solar Astronomy with Ron Leeseberg (Hoover Auditorium Porch)

Learn about the power of the sun and view it through a solar telescope on Thursdays, June 21 - Aug. 9 from on the Hoover Auditorium Porch (weather permitting).

Special Historic Walking Tour

10:30 a.m., Friday: Special Historic Walking Tour (Pre-registration required; \$5 fee per person) Cottage Architecture with Mark Carle (Meet at Heritage Hall Museum)

In this tour, Lakeside resident Mark Carle provides an overview of the unique architecture found in west Lakeside between Sycamore and Oak Avenues. Carle is a Lakeside resident and Chair of the Lakeside Historic Preservation and Design Review Board.

World Affairs Dialogue

3:00 p.m., Friday: World Affairs Dialogue (Chautauqua Hall)

This hour-long dialogue presents participants with an opportunity to discuss breaking and on-going world news events. A guest moderator will present topics for discussion to encourage conversation. Please note this dialogue is held to promote further learning about world affairs but is not intended to be a political debate. This week's moderator is Victoria Ashley.

Please contact the Education Department at education@lakesideohio.com or (419) 798-4461, ext. 239 with any suggested topics for discussion.

Mark Your Calendars

Gibraltar Island Field Trip on Tuesday, July 31

The Lakeside Education Department is coordinating a Field Trip to Stone Laboratory on Gibraltar Island. The program is scheduled for 1:15-3:30 p.m. Tuesday, July 31. Pre-registration and fee required. Contact the Education Department at education@lakesideohio.com or (419) 798-4461, ext. 239 for registration details or questions.

